

We work together to achieve a functioning life with autism, by spreading knowledge, lobbying decision-makers and creating meeting places.



We are here for our members

Autism Skåne is a district association working within Sweden's national federation, Autism Sverige. Our vision is a society where all are able to participate, where people with autism are treated with respect and have a good quality of life throughout their lives. In our work to achieve this, we spread knowledge about autism, we lobby decision-makers and we create meeting places.

Autism Skåne currently has almost 2,500 members. By working together, we have the strength to exert an influence in our local environment. As a member of Autism Skåne, you help to support our advocacy work and contribute to ensuring that our voice is heard. You can take part in our activities, and get to know others who live with the diagnosis and those close to them.





Advertisement

WELCOME TO FAMN

We are the small organisation that offers big opportunities for children on the neuropsychiatric disorder spectrum! Our clients are LSS, the social services and school administrations.

FAMN has its own independent school for years 6-9.

Each child has their own team to ensure the best possible overall experience.

FAMN conducts neuropsychiatric investigations.

We guide and coordinate families and other organisations. FAMN will open its residential school in spring 2023.



Contact us!

Many young people have years of failure behind them. The overall situation has been unstable for a long time.

There is often a need derived from a high level of sensitivity that we have to understand and care for. Our role is to turn earlier failings into success!

Do not hesitate to contact Karolina Lidgren
0709-22 52 70 | www.famn.se



Something for everyone

At Autism Skåne, we have something for everyone. We have activities for those with autism and for those close to them. These include **support and meet-up groups**, where people are given the freedom to speak about their diagnosis and to support each other. These groups usually meet once per month, and are led by volunteers. Some are held digitally, whilst others have dedicated meeting places.

For younger people and for whole families, there are activities such as visits to the **circus** and **animal parks** during the summer, and **Christmas parties** and **ice skating** in the winter. We also organise **adapted camps**, providing parents with the opportunity for a comforting change of environment together with their child. Participation in all our activities is always adapted to each participant's own abilities.





When schools, student health and social services have failed to find solutions, we offer an alternative.

We offer a competent, safe and secure school, with a clear structure and goal-oriented education.

We work in close collaboration with parents to strengthen and develop the student's existing skills, and then continue to build on their development.

We are also an HVB home and provide accommodation during the week for those who want and need it.

www.almarod.se



ALMARÖD
FRISKOLA · VECKOHEM

Our agents – resources that make a difference

Autism Skåne has LSS agents, school agents and autism agents, who operate in a number of different areas. The agents work to ensure that people with autism receive the correctly adapted support in their day-to-day lives. They help our members in their contact with authorities and other community organisations, by providing advice and opening channels of communication. They also give advice and support to those of our members who find life challenging.

Together with Autism Skåne, the agents keep track of the regional medical, care and healthcare systems, schools and education, digitalisation, and other aspects that affect the life chances of people with autism. We remedy any failings and shortcomings that we discover, and work to reinforce each individual's quality of life. In certain instances, we create channels to stimulate social debate – e.g. by writing opinion articles in various newspapers.

In addition to our agents in Skåne, our assistants, board members and specialist educators are also available to members. For more complex issues, we can also benefit from the expertise of the federation's secretariat.



Advertisement

Schools and accommodation for children and young people with autism, ADHD and other neuropsychiatric disorders

Read more about our work at
www.impius.se

Together, we can effect change

Autism Skåne is actively engaged in advocating change among politicians, authorities and other organisations. We do this in various ways, including lobbying, personal contacts, and by involvement in and responding to study groups at regional and municipal level. By means of wide-ranging experience and a good network, and on behalf of our members, we work to effect change in various councils and work groups throughout Skåne. We are represented in the healthcare system, including in the council of influence for psychiatry, where we regularly meet with decision-makers in order to promote our interests. We are also represented in several of Skåne's municipalities, including in councils of bodies that are concerned with LSS and the right to support. We aim to exert a broad influence, with the message that society shall be accessible for all. We therefore also organise talks and presentations, and invite members and the public to panel discussions concerning topical issues. Among other things, we focus on the right to LSS and accessible schooling.



Living with autism

People with autism often experience difficulties with social interaction and communication. They can also be sensitive to stress and various sensory stimuli. For many, it is important to follow specific routines and to do things in a certain way. People with autism can often have a very high propensity for concentration, and can have special interests to which they devote a lot of their time.

People with autism usually find it hard to communicate with others, and may struggle with social interaction. They can also find it hard to cope with change, and often repeat the same behaviour. This can also involve a special interest to which the person devotes a lot of their time.

Depending on which diagnosis they have on the autism spectrum, their needs may take different forms of expression. The following characteristics may commonly feature in an autism diagnosis:

- It can be hard for the person to communicate and make themselves understood
- It can be hard to understand what other people mean
- It can be stressful to experience change
- Special interests can take up a lot of their time
- Over/undersensitivity to sounds, light, smells and touch may also feature

Living with autism results in experiences that sometimes need to be supported by others in similar situations, who understand that autism can affect various elements of daily life, and who can use their own similar experiences to provide guidance and advice.

At Autism Skåne, we organise presentations and other activities in order to raise awareness of autism and to help members to meet each other. We do this according to our members' needs and wishes. We stand for the exchanging of experiences and knowledge development, and there is always someone to talk to in our association!



Advertisement

Vill ni också ha en professionell broschyr?

Hör av dig till oss på
040-699 09 00 eller hello@jssverige.se

JS/SVERIGE





Advertisement

Residential gymnasium school for young people with neuropsychiatric disorders

Karolinskaskolan is for those whose daily and educational needs are not catered for by schools in their home municipality. The school and the accommodation work together to create the structure, clarity and understanding that enables each student to gain access to their own abilities for learning and development, both at school and in their leisure time. We welcome young people from southern Sweden who are able to travel home at weekends and for school holidays. We offer education in the natural resource programme specialising in gardening, and the introduction programme with a gardening profile. We have a total of 30 students, and the education is provided over four years.



0413-559721 | karolinaskolan@fogdarod.se
karolinaskolan.se



Become a member!

The more of us there are, the better able we are to effect change. As a member, you will gain access to the knowledge exchange, a sense of community and the opportunity to learn more about autism. You can attend talks and presentations, meet-ups, conferences, kick-offs, the circus, animal parks and Christmas parties, and take part in special camps. In addition to access to our activities and meet-ups, you will also receive our Autism members' magazine four times per year. If you would like advice or guidance, you can contact our various agents to receive help from our experts.

Primary membership costs SEK 250/year. If there are several people in your household who would like to take part in our activities, you can take out a household membership for just SEK 25/year. The membership is valid for twelve months from the date on which you pay the membership fee.



To become a member, visit our website www.autism.se/skane/bli-medlem or scan the QR code on the left.





Viljan
Asperger Centrum



Viljan
Friskola

Do you need a calm, secure and predictable school environment? Do you experience difficulties at school? Would you like to attend a small school, with small groups, and teachers who see you and your needs? You can experience all of this with us at Viljan.

We provide LSS accommodation and an adapted gymnasium school for young people aged 16–21 years. We are situated in Ramnäs, and we welcome young people from all over Sweden.



Find out more and apply to Viljan Friskola and Viljan Asperger Centrum.

www.viljan.se



autism
Skåne

Ängelholmsgatan 6
214 22 Malmö

Telephone

0738-330 300

Telephone hours

Monday-Thursday 10:00-13:00

Email

info@autismskane.se

Website

www.autism.se/skane